



# LATANYA

## D. WALKER, M.ED

EQ Trainer. Strategist. Leadership Coach

*High-level leadership and emotional intelligence development for those called to lead in business, life, and ministry.*

La Tanya D. Walker blends clinical insight, leadership strategy, and lived experience to help leaders shift culture, strengthen communication, and lead with clarity, courage, and conviction. Whether training emerging leaders or executive teams, she teaches women to live, lead, and love in sync, where soul, strategy, and spirit align for wholeness and impact.

Drawing from her SYNC SYSTEM™ framework, La Tanya believes alignment changes everything. When your soul is grounded, your strategy is clear, and your spirit is steady, you move differently. You lead differently. You live differently. It's not about chasing balance; it's about finding rhythm. Because when you're in sync, life flows.

La Tanya delivers transformational keynotes, workshops, and executive trainings for women's leadership networks, corporations, professional associations, community organizations, and ministry teams, helping leaders integrate emotional intelligence, strategic clarity, and spiritual depth into how they lead and live.

### + FEATURED WORKSHOPS

- **EQ with La Tanya** – Emotional intelligence, resilience, and self-leadership
- **Bootstraps: The Leadership Workshop** – Redefining success beyond performance and burnout.
- **Boundaries & Burnout Recovery** – Resetting capacity and restoring balance
- **Custom Intensives** – Tailored sessions on communication, alignment, and healthy culture

### Ways to Work with La Tanya

- Keynote Speaker
- Panel Participant
- Workshops + Trainings
- Corporate, Non-Profit + Ministry Retreats
- Community + Faith-Based Leadership Development
- Women's Leadership Events